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State Government of Victoria, Australia, Department of Health: Victorian Mental Health Services

2015 factsheet: A Guide To Mental Health Terminology

A Guide To Mental Health Terminology

This guide aims to provide a quick reference for anybody seeking to understand terms commonly used by mental health services.

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Epilepsy

A disorder of the brain characterised by periodic and temporary loss of consciousness with or without fitting (seizures).

Epilepsy is not a mental illness and requires very different specialist skills from those offered by mental health services. However, people with epilepsy can also suffer from a mental illness.

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